What is E-safety?

E-safety means the steps you take to keep yourself, your information and your devices safe

Do not share:

- Your email address
- Telephone number
- Passwords
- Use strong different passwords for accounts
- Use a password manager, (e.g. the Microsoft Edge password manager)
- Use 2-step verification (a password and a code sent to your phone)
- Always log out of websites once you've finished
- Lock your device
- Set privacy settings on social media
- Never open files or click on links you did not expect to receive
- If in doubt, block. Just say no to invitations from people you don't know

If you ever feel worried, contact your tutor or the safeguarding officer for your region.

For further advice and guidance visit **getsafeonline.org**

See the E-Safety section in 'Help in your Canvas' course for more online safety links and the WEA Online Safety Policy in Teaching and Learning on **wea.org.uk/resources/policy-docs**

WEA
Adult Learning Within Reach

Scan this QR code for more information