



## **Course details**

### **Course title**

Singing: Singing for Spring

### **Course code**

Q00020994

### **Course date**

Start: 15/01/25

End: 09/04/25

### **Number of classes**

12 sessions

### **Timetable**

Wed 15th Jan, 10:30 to 12:00

Wed 22nd Jan, 10:30 to 12:00

Wed 29th Jan, 10:30 to 12:00

Wed 5th Feb, 10:30 to 12:00

Wed 12th Feb, 10:30 to 12:00

Wed 26th Feb, 10:30 to 12:00

Wed 5th Mar, 10:30 to 12:00

Wed 12th Mar, 10:30 to 12:00

Wed 19th Mar, 10:30 to 12:00

Wed 26th Mar, 10:30 to 12:00

Wed 2nd Apr, 10:30 to 12:00

Wed 9th Apr, 10:30 to 12:00

### **Tutor**

Josephine Allum

### **Fee range**

Free to £75.60

## **How you'll learn**

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

## **Venue**

Chestnuts (Bognor Regis)

London Road

Bognor Regis

PO21 1AZ

## **Level of study**

Beginners

## **Course overview**

If you enjoy music, then this course is for you! We will be doing some listening and moving to music. You may like to follow some of the rhythms in the music and play or sing along. There will be some old favourites for you to enjoy and maybe even remember the words. We may learn something new, just to give ourselves a bit of a challenge! We may even compose our own songs! But don't worry, there will be plenty of help to make this easy! No experience is needed to take part in this course. Taking part will lift your spirits and make your heart sing! The Reaching Out Programme classes are open to people living in the community that can have their needs met by the class. This is a class for people with a learning disability.

## **Course description**

Sing for Spring! This course is open to anyone who enjoys music. You don't need any prior experience. You will be free to move to the feel of the music if you want to and there will be a chance to join in with some of the rhythms when the mood takes you! We will be encouraging you to sing along.... Maybe you will remember some words of those familiar songs. If it's something new, we will help you learn it slowly so that you get to know it easily, then there will be another song for you to enjoy! We may choose a theme and make up a song together as a group.... This is exciting as we never know what might happen! Singing and moving can help loosen up your body and help you breath more deeply. This will hopefully make you feel good. There will also be other people enjoying the music with you and sharing in it. Composing music involves accessing the creative part of the brain, often resulting in a sense of achievement and wellbeing.

## **What financial support is available?**

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during

your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

## **What other support is available?**

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

**Source URL:** <https://www.wea.org.uk/courses/languages-culture/music/15-january-singing-singing-spring>