



Course details

Course title

Nature, Ecology & Permaculture: A Greener Guide to Better Living

Course code

Q00020723

Course date

Start: 13/01/25

End: 10/03/25

Number of classes

9 sessions

Timetable

Mon 13th Jan, 13:00 to 16:00

Mon 20th Jan, 13:00 to 16:00

Mon 27th Jan, 13:00 to 16:00

Mon 3rd Feb, 13:00 to 16:00

Mon 10th Feb, 13:00 to 16:00

Mon 17th Feb, 13:00 to 16:00

Mon 24th Feb, 13:00 to 16:00

Mon 3rd Mar, 13:00 to 16:00

Mon 10th Mar, 13:00 to 16:00

Tutor

Lee Armon

Fee range

Free to £55.50

How you'll learn

You'll join a small group of fellow learners for classes online in video meetings and materials will be provided in our virtual learning environment.

Got it!
Online

Venue
Online

Level of study
Beginners

Course overview

This course will deliver that there is an acceptance that anyone can make changes in their life to enjoy an environmentally friendly and healthier lifestyle whilst protecting the planet. Taking constructive action is something everyone can take part in, and it does not have to hurt your finances or your way of life. Living in a more sustainable way can make your life more enjoyable, fulfilling, and environmentally suitable.

Course description

This course will look at the connection between personal health, lifestyle, and the environment, whilst not seeing it as an inconvenience. We will explore the links between food, health and the environment and providing you with ideas to adopt to improve your food and health. We will discuss our link with nature - a holistic approach (not gardening tips) and how we can greener our DIY antics. The course also explains how we can meet the world's transport and energy needs sustainably and delves into the world of fashion and its problems with the environment.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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