



Course details

Course title

Healthy Living: Swedish Body Massage

Course code

Q00020100

Course date

Start: 08/01/25

End: 05/03/25

Number of classes

8 sessions

Timetable

Wed 8th Jan, 9:30 to 12:30

Wed 15th Jan, 9:30 to 12:30

Wed 22nd Jan, 9:30 to 12:30

Wed 29th Jan, 9:30 to 12:30

Wed 5th Feb, 9:30 to 12:30

Wed 12th Feb, 9:30 to 12:30

Wed 19th Feb, 9:30 to 12:30

Wed 5th Mar, 9:30 to 12:30

Tutor

Lesley McDonald

Fee range

Free to £100.80

How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

Venue

Face of Beauty Training
Keir Hardie Avenue
Wardley
NE10 8EJ

Level of study

Beginners

Course overview

1. Understand the importance of health and safety when carrying out massage treatments. 2. Preparation of the work area, student, and client. 3. Identify products, tools, and equipment for massage treatments. 4. Discuss contraindications and suitability of clients for the service. 5. Perform massage treatments with confidence and meeting client requirements.

Course description

The course will cover health & safety, wellbeing and benefits of massage, massage movements, contraindications, full body massage, and aftercare advice.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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