



## Course details

### Course title

Craft: Holiday Zentangle Patterns

### Course code

Q00019874

### Course date

Start: 19/12/24

End: 19/12/24

### Number of classes

1 sessions

### Timetable

Thu 19th Dec, 13:00 to 15:00

### Tutor

Abbie Cairns

### Fee range

Free to £7.40

### How you'll learn

You'll join a small group of fellow learners for classes online in video meetings and materials will be provided in our virtual learning environment.

Got it!

Online

### Venue

Online

## **Level of study**

Beginners

## **Course overview**

In this calming, meditative drawing workshop, you will have the opportunity to create intricate holiday-themed Zentangle designs on a paper. This workshop is designed to promote relaxation and mindfulness, allowing you to unwind as they explore the art of Zentangle. You will learn basic Zentangle techniques, such as creating simple shapes and lines, and discover how to transform these elements into festive patterns that capture the holiday spirit. By the end of the session, you will leave with beautifully adorned creations, embodying both your artistic expression and the joy of the season.

## **Course description**

In this calming, meditative drawing workshop, you will have the opportunity to create intricate holiday-themed Zentangle designs on paper. This workshop is designed to promote relaxation and mindfulness, allowing you to unwind as you explore the art of Zentangle. Using pencil and black pen, you will begin by learning basic Zentangle techniques, such as drawing simple shapes and lines. With these foundational skills, you will discover how to transform these elements into festive patterns that beautifully capture the holiday spirit. Throughout the session, you will be encouraged to embrace your creativity and personal style, with guidance on how to develop unique designs that resonate with you. As you work, you'll find a soothing rhythm in the repetitive motions of drawing, enhancing your focus and reducing stress. By the end of the workshop, you will leave with beautifully adorned creations, whether it's paper, cards, or a poster, embodying both your artistic expression and the joy of the season. This experience not only fosters a sense of accomplishment but also provides you with a meaningful way to celebrate the holidays.

## **What financial support is available?**

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

## **What other support is available?**

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

**Source URL:** <https://www.wea.org.uk/courses/arts-crafts/arts/19-december-craft-holiday-zentangle-patterns>