



Course details

Course title

Art Practical: Mindful Hand Embroidery - Make a Hand Embroidered Mandala for improvers

Course code

Q00019868

Course date

Start: 28/02/25

End: 04/04/25

Number of classes

6 sessions

Timetable

Fri 28th Feb, 11:00 to 13:00

Fri 7th Mar, 11:00 to 13:00

Fri 14th Mar, 11:00 to 13:00

Fri 21st Mar, 11:00 to 13:00

Fri 28th Mar, 11:00 to 13:00

Fri 4th Apr, 11:00 to 13:00

Tutor

Trudi Price

Fee range

Free to £44.40

How you'll learn

You'll join a small group of fellow learners for classes online in video meetings and materials will be provided in our virtual learning environment.

Got it!

Online

Venue

Online

Level of study

Beginners

Course overview

Do you have basic hand embroidery skills, but would like more confidence to learn how use them and create your own decorative designs? During this course you will learn how to create a basic Mandala design, transfer the design to fabric, learn several new stitches and apply them to your design. The course is great for beginners and improvers who would like to increase their knowledge of hand embroidery and mix up basic and intermediate stitch techniques. This online course is a great mix of simple learning and mindful stitching to create a sense of wellbeing and relaxation throughout the course. This course is funded by the Education Skills and Funding Agency.

Course description

This new online course is a great way for learners with a basic knowledge of hand embroidery to use the skills they already have and apply them to a basic design of their own creation. The course starts with learning the basics of drawing a simple Mandala and how to transfer the design onto fabric for stitching. As the sessions progress learners will be able to use stitches they already know and learn a few ones to add to their stitch knowledge. The two-hour sessions are a great opportunity to give yourself time out, learn new skills and expand on skills you may already have. The online course provides you with simple digital tools to help your learning, the class environment is friendly and relaxed with learners that you can share your work and stitching passion with.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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