



Course details

Course title

Personal Development: Managing Your Money

Course code

Q00018881

Course date

Start: 08/11/24

End: 22/11/24

Number of classes

3 sessions

Timetable

Fri 8th Nov, 10:00 to 12:00

Fri 15th Nov, 10:00 to 12:00

Fri 22nd Nov, 10:00 to 12:00

Tutor

Harsha Kotecha

Fee range

Free to £25.20

How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

Venue

Recovery Partnership (Newark)

Block B 65 North Gate
Newark
NG24 1HD

Level of study

Entry Level

Course overview

Would you like to improve your money management skills? In this course, you'll explore how effective money management can contribute to your overall well-being and help you reach long-term goals. You'll learn practical budgeting techniques to keep track of your income and expenses, discover helpful money-saving tips, and gain an understanding of how financial habits impact your social, physical, and emotional well-being. By the end of the course, you'll be equipped with valuable skills to manage your finances confidently and make informed decisions to achieve greater financial stability and peace of mind.

Course description

Do you want to feel more in control of your finances and improve your overall well-being? Managing Your Money is designed to equip you with the essential skills needed to confidently handle your finances and work towards achieving your long-term goals.

In this comprehensive course, you will explore the profound impact money management has on various aspects of life, including your social connections, physical health, and emotional well-being. You'll learn to create practical and effective budgets, track your income and expenses, and identify spending patterns to maximise your financial efficiency. Through engaging activities and real-life examples, you'll discover smart money-saving techniques and actionable strategies to make the most of your resources.

Additionally, the course emphasises understanding the psychological aspects of financial habits, helping you recognise how emotions influence your spending and saving decisions. By developing a deeper awareness of these factors, you'll be better prepared to make informed and thoughtful financial choices.

By the end of Managing Your Money, you'll have a set of valuable tools and practical strategies to confidently manage your finances, reduce financial stress, and create a solid foundation for a more secure and fulfilling future.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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