

## Course details

## Course title

Ways to Wellbeing: Introduction to Indian head massage & Aromatherapy

## Course code

Q00019754

## **Course date**

Start: 04/11/24 End: 09/12/24

### **Number of classes**

6 sessions

## **Timetable**

Mon 4th Nov, 10:00 to 12:00 Mon 11th Nov, 10:00 to 12:00 Mon 18th Nov, 10:00 to 12:00 Mon 25th Nov, 10:00 to 12:00 Mon 2nd Dec, 10:00 to 12:00 Mon 9th Dec, 10:00 to 12:00

### **Tutor**

Tracey Carver

## Fee range

Free to £50.40

# How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

### Venue

Horden Youth & Community Centre (Peterle Eden Street Horden Peterlee SR8 4LH

## Level of study

Beginners

## **Course overview**

To support and improve wellbeing through creativity.

# What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

# What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

**Source URL:** https://www.wea.org.uk/courses/skills-life/health-wellbeing/4-november-ways-wellbeing-introduction-indian-head-massage