



## Course details

### Course title

Personal Development: Counselling Skills Practice

### Course code

Q00019022

### Course date

Start: 26/02/25

End: 02/04/25

### Number of classes

6 sessions

### Timetable

Wed 26th Feb, 10:00 to 12:00

Wed 5th Mar, 10:00 to 12:00

Wed 12th Mar, 10:00 to 12:00

Wed 19th Mar, 10:00 to 12:00

Wed 26th Mar, 10:00 to 12:00

Wed 2nd Apr, 10:00 to 12:00

### Tutor

Sasha Dineen

### Fee range

Free to £44.40

### How you'll learn

You'll join a small group of fellow learners for classes online in video meetings and materials will be provided in our virtual learning environment.

Got it!

Online

## **Venue**

Online

## **Level of study**

Intermediate

## **Course overview**

This is a course designed for learners who have some experience or knowledge of counselling. It is an opportunity to gain more experience in counselling. You will be working with our wonderful Teacher Sasha Dineen. This course is for students to gain more practical counselling experience in triads (counsellor, client and observer) using the ten core counselling skills. To attend this course, it is useful if you have already completed a 6 week counselling skills course or have a Level 2/3/4 counselling qualification.

## **Course description**

This course is for students to gain more practical counselling experience in triads (counsellor, client and observer) using the ten core counselling skills. To attend this course, it is useful if you have already completed a 6 week counselling skills course or have a Level 2/3/4 counselling qualification. This course has been created in response to counselling student feedback requesting this type of course and can be useful before progressing to the next level of counselling studies, sometimes even essential as some courses do not allow you to progress to the next level if you don't have enough practical experience. The course may be appropriate for some learners with a work experience or a background in a similar sector, so do not feel excluded if you do not have formal qualifications. You should be fine! However, if you wish to make a start on our 'Introduction to Counselling'; please search for that on the website. These courses run quite regularly so you could complete the Intro course and then progress onto this one. If you are feeling confident in your knowledge, please enrol here.

## **What financial support is available?**

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

## **What other support is available?**

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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