



## Course details

### Course title

Multiply: Everyday skills for life at Thornage Hall

### Course code

Q00019020

### Course date

Start: 07/11/24

End: 19/12/24

### Number of classes

7 sessions

### Timetable

Thu 7th Nov, 13:30 to 16:00

Thu 14th Nov, 13:30 to 16:00

Thu 21st Nov, 13:30 to 16:00

Thu 28th Nov, 13:30 to 16:00

Thu 5th Dec, 13:30 to 16:00

Thu 12th Dec, 13:30 to 16:00

Thu 19th Dec, 13:30 to 16:00

### Tutor

Laura Howsen

### Fee:

Free

### How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

## **Venue**

Thornage Hall Independent Living  
Sharrington Road  
Thornage  
Holt  
Holt  
NR25 7QH

## **Level of study**

Beginners

## **Course overview**

This course, funded through Multiply in Norfolk, aims to empower individuals with essential everyday life skills. Participants will engage in practical sessions covering topics like budgeting, art, digital literacy, and effective communication. Tailored to the needs of the Thornage Hall community, the course emphasises hands-on learning and real-world applications to enhance independence and confidence. Whether you're looking to improve your financial management, acquire new skills, navigate technology, or boost interpersonal skills, this course offers the tools and support needed to thrive in daily life.

## **Course description**

Funded through Multiply in Norfolk, this course aims to empower individuals with essential everyday life skills. Designed specifically for the Thornage Hall community, participants will engage in practical, hands-on sessions that cover a wide range of topics including budgeting, art, digital literacy, and effective communication. The course emphasises real-world applications, ensuring that learners can immediately apply what they have learned to enhance their independence and confidence.

The budgeting module will help participants manage their finances more effectively. Art sessions will foster creativity and self-expression while also contributing to the development of numeracy skills. In digital literacy training, learners will gain the confidence to navigate technology, ensuring safe and efficient use of digital tools. Effective communication workshops will focus on improving interpersonal skills, helping participants to express themselves clearly and build better relationships.

This course is ideal for those seeking to improve their financial management, acquire new skills, navigate technology more efficiently, or boost their confidence in communication. Offering the tools and support needed to thrive in daily life, this program aims to provide the Thornage Hall community with the knowledge and skills necessary for greater independence and self-assurance. Join us to take the first step towards a more empowered and confident daily life

## **What financial support is available?**

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need.

## **What other support is available?**

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

**Source URL:** <https://www.wea.org.uk/courses/skills-life/budgeting-numbers/7-november-multiply-everyday-skills-life-thornage-hall>