

Course details

Course title

Ways to Wellbeing: Clay Modelling

Course code

Q00018436

Course date

Start: 19/09/24

End: 28/11/24

Number of classes

10 sessions

Timetable

Thu 19th Sep, 13:00 to 15:00

Thu 26th Sep, 13:00 to 15:00

Thu 3rd Oct, 13:00 to 15:00

Thu 10th Oct, 13:00 to 15:00

Thu 17th Oct, 13:00 to 15:00

Thu 24th Oct, 13:00 to 15:00

Thu 7th Nov, 13:00 to 15:00

Thu 14th Nov, 13:00 to 15:00

Thu 21st Nov, 13:00 to 15:00

Thu 28th Nov, 13:00 to 15:00

Tutor

Bushra Siddique

Fee range

Free to £84.00

How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

Venue

Melville House (BRADFORD)
Preston Street
BRADFORD
BD7 1JP

Level of study

Beginners

Course overview

Experience the therapeutic benefits of clay modelling with our Ways to Wellbeing: Clay Modelling course. Learn techniques for creating clay sculptures and decorative items to enhance your well-being. Ideal for individuals seeking creative expression through clay.

Course description

Ways to Wellbeing: Clay Modelling is designed to help individuals enhance their mental and emotional well-being through the creative practice of clay modelling. This course covers essential techniques for working with clay, including hand-building, sculpting, and glazing. Participants will learn how to create a range of clay items, from simple sculptures to decorative pieces. The course includes hands-on projects and guided instruction, allowing students to develop their skills and gain confidence in their abilities. Emphasis is placed on the therapeutic benefits of working with clay, including relaxation, stress reduction, and increased creativity. By the end of the course, participants will have completed several clay modelling projects and gained tools for using these activities to enhance their well-being. This course is ideal for anyone looking to improve their mental health through the joy of clay modelling.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

Source URL: <https://www.wea.org.uk/courses/arts-crafts/arts/19-september-ways-wellbeing-clay-modelling>