

Course details

Course title

Multiply: Everyday Lifeskills for Thornage Hall

Course code

Q00018705

Course date

Start: 12/09/24

End: 26/09/24

Number of classes

3 sessions

Timetable

Thu 12th Sep, 13:30 to 16:00

Thu 19th Sep, 13:30 to 16:00

Thu 26th Sep, 13:30 to 16:00

Tutor

Laura Howsen

Fee:

Free

How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

Venue

Thornage Hall Independent Living
Sharrington Road
Thornage
Holt
Holt
NR25 7QH

Level of study

Beginners

Course overview

This course, funded through Multiply in Norfolk, is designed to empower individuals with essential everyday life skills. Learners will engage in practical sessions that cover a range of topics including budgeting, art, digital literacy, and effective communication. Tailored to meet the needs of the Thornage Hall community, the course emphasises hands-on learning and real-world applications to enhance independence and confidence. Whether you're looking to improve your financial management, learn new skills, navigate technology, or boost your interpersonal skills, this course provides the tools and support to thrive in daily life.

Course description

Funded through Multiply in Norfolk, this course aims to empower individuals with essential everyday life skills. Participants will engage in practical sessions covering a broad spectrum of topics, including budgeting, art, digital literacy, and effective communication. Specifically tailored to meet the needs of the Thornage Hall community, the course emphasizes hands-on learning and real-world applications to enhance independence and confidence.

The budgeting component will help participants effectively manage their finances, fostering the ability to make informed financial decisions and create sustainable spending plans. Art sessions will encourage creativity and self-expression while developing numeracy skills. Digital literacy training will enable learners to navigate technology confidently, ensuring safe and efficient use of digital tools. Effective communication training will enhance interpersonal skills, promoting clear self-expression and better relationship-building.

Whether you seek to improve financial management, acquire new skills, or boost your confidence in technology and communication, this course offers the tools and support needed. Exclusive to users of Thornage Hall, this course aims to take the first step toward greater independence and confidence in daily life.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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