

Course details

Course title

Professional Development: Mentoring and Professional Development

Course code

Q00018032

Course date

Start: 23/01/25

End: 13/03/25

Number of classes

7 sessions

Timetable

Thu 23rd Jan, 18:30 to 20:30

Thu 30th Jan, 18:30 to 20:30

Thu 6th Feb, 18:30 to 20:30

Thu 13th Feb, 18:30 to 20:30

Thu 27th Feb, 18:30 to 20:30

Thu 6th Mar, 18:30 to 20:30

Thu 13th Mar, 18:30 to 20:30

Tutor

Rebecca Eliahoo Charles

Fee range

Free to £51.80

How you'll learn

You'll join a small group of fellow learners for classes online in video meetings and materials will be provided in our virtual learning environment.

Got it!

Online

Venue

Online

Level of study

Beginners

Course overview

This practical course aims to help you to establish a mentoring relationship, initiate productive mentoring dialogues and to challenge people to identify goals and grow professionally and personally. You would need to mentor someone, for instance, a colleague as this is a practical course covering key skills including: questioning, goal-setting collaboratively and encouraging personal and professional growth.

Course description

If you would like to be able to support a colleague or others through mentoring, this course is for you. You would need to mentor someone, for example, a colleague as this is a practical course covering key skills including: questioning, goal-setting collaboratively and encouraging personal and professional growth. This interactive course covers an introduction to mentoring and how it differs from coaching, counselling and training. It explores the role and responsibilities of mentors and how to prepare for mentoring sessions. Participants explore how their values, beliefs and attitudes might affect their practice; how to give feedback and how to feed forward. We examine case studies and the use of questioning. We also explore mentoring theories and models as well as ethical frameworks. Participants will discuss ways of managing a mentoring relationship, how to reflect on our own practice and how to review and end a mentoring relationship well.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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