

Course details

Course title

Gardening Practical: Healthy Eating

Course code

Q00017105

Course date

Start: 04/09/24

End: 18/12/24

Number of classes

16 sessions

Timetable

Wed 4th Sep, 14:00 to 14:30
Wed 11th Sep, 14:00 to 14:30
Wed 18th Sep, 14:00 to 14:30
Wed 25th Sep, 14:00 to 14:30
Wed 2nd Oct, 14:00 to 14:30
Wed 9th Oct, 14:00 to 14:30
Wed 16th Oct, 14:00 to 14:30
Wed 23rd Oct, 14:00 to 14:30
Wed 30th Oct, 14:00 to 14:30
Wed 6th Nov, 14:00 to 14:30
Wed 13th Nov, 14:00 to 14:30
Wed 20th Nov, 14:00 to 14:30
Wed 27th Nov, 14:00 to 14:30
Wed 4th Dec, 14:00 to 14:30
Wed 11th Dec, 14:00 to 14:30
Wed 18th Dec, 14:00 to 14:30

Tutor

Guest Speaker

Fee range

Free to £33.60

How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

Venue

Tricuro -Parkstone Connect Day Centre (P
Croft Road
Poole
BH12 3LD

Level of study

Beginners

Course overview

Join our gardening course to learn the basics of planting, soil preparation, and garden care. Discover how to grow a variety of vegetables and herbs, from seed to harvest, and explore the nutritional benefits of different plants.

Course description

Enjoy a supportive environment where everyone can learn and grow together. Gain practical gardening skills tailored to your needs, knowledge about the nutritional value of different plants, and confidence in growing your own food and making healthier choices. Plus, you'll have opportunities to connect with others and build lasting friendships.

What to Bring:

- Comfortable clothing suitable for gardening.

- A hat and sunscreen for outdoor sessions.
- A notebook and pen for taking notes.

Join us and cultivate your green thumb while learning how to enjoy the benefits of fresh, nutritious food. We look forward to growing with you!

Be reassured that every session is carefully monitored by staff at the center as well as the experienced tutor, who personally completes a risk assessment of the activities involved. If you have any questions, please contact the Course Manager.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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