

Course details

Course title

Personal Development - Preparing to start the next learning journey

Course code

Q00018188

Course date

Start: 27/08/24

End: 27/08/24

Number of classes

1 sessions

Timetable

Tue 27th Aug, 10:30 to 13:00

Tutor

Humera Mehrban

Fee range

Free to £10.50

How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

Venue

New Hope Global (Birmingham)

Birchfield Library (2nd floor)
3 Trinity Road
Birmingham
B6 6AH

Level of study

Beginners

Course overview

This short course will support you to look at setting goals that are realistic and achievable. This short course will look at what you are hoping to achieve moving forward such as planning to lose weight, starting new training opportunities or something that you have always wanted to do, but not had the courage or knowledge to know how and where to start. /during this short course we will look at setting short, medium and long term goals and discover how to plan to achieve these in a realistic time to ensure they are achievable.

Course description

Ever wanted to achieve something like start a new training course but not sure where to look? Then come along and enjoy learning in a friendly environment and discover how setting goals can support you to achieve your dreams. We will look at setting short, medium and long term goals which will be smart, realistic and achievable. These goals could be to learn more about how to support your children's schools work, how to lose weight and stay healthy, how to know where to look for new and exciting training courses to support you to develop your skills for life and work.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have

optimal access.

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