

Course details

Course title

Personal Development: From "Skint" to Savvy: Improving Your Relationship with Money

Course code

Q00018117

Course date

Start: 13/09/24

End: 25/10/24

Number of classes

7 sessions

Timetable

Fri 13th Sep, 9:30 to 11:30

Fri 20th Sep, 9:30 to 11:30

Fri 27th Sep, 9:30 to 11:30

Fri 4th Oct, 9:30 to 11:30

Fri 11th Oct, 9:30 to 11:30

Fri 18th Oct, 9:30 to 11:30

Fri 25th Oct, 9:30 to 11:30

Tutor

Guest Speaker

Fee range

Free to £51.80

How you'll learn

You'll join a small group of fellow learners for classes online in video meetings and materials will be provided in our virtual learning environment.

Got it!

Online

Venue

Online

Level of study

Beginners

Course overview

Transform your financial habits with "From Skint to Savvy: Improving Your Relationship with Money." This course helps you understand money management basics, develop budgeting skills, and make smarter financial decisions. Effective budget planning can make you feel like you've had a pay rise. Organising your personal budget and understanding your outgoings is the first step towards healthy financial well-being. And the good news is - budgeting is a skill anyone can learn. This budgeting course is right for you if you want to improve your financial well-being. Whether you're trying to cope with the cost of living crisis or just want to plan your finances better, this course can help you.

Course description

"From Skint to Savvy: Improving Your Relationship with Money" is designed to help you take control of your finances and develop a healthier relationship with money. This course covers essential topics such as budgeting, saving, debt management, and financial planning. You do not need advanced maths skills to take this course. It is appropriate for complete beginners, so don't worry if this is new to you.

You'll start by understanding your current financial situation and identifying spending patterns. The course provides tools and techniques for creating and maintaining a realistic budget, tracking expenses, and setting financial goals. Learn effective strategies for saving money, reducing debt, and managing credit wisely.

In addition to practical financial skills, the course addresses the psychological aspects of money management, helping you recognise and change unhealthy financial behaviours. Through interactive activities, real-life case studies, and expert insights, you'll gain confidence in making informed financial decisions.

By the end of the course, you'll be equipped with the knowledge and skills to build a secure financial future. Whether you're looking to get out of debt, save for a major purchase, or simply improve your day-to-day money management, "From Skint to Savvy" provides the guidance and support you need to achieve your financial goals and become financially savvy.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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