

# **Course details**

**Course title** Healthy Living; Lipreading and managing hearing loss

Course code Q00016904

### **Course date**

Start: 06/03/25 End: 10/04/25

#### Number of classes

6 sessions

### Timetable

Thu 6th Mar, 10:00 to 12:00 Thu 13th Mar, 10:00 to 12:00 Thu 20th Mar, 10:00 to 12:00 Thu 27th Mar, 10:00 to 12:00 Thu 3rd Apr, 10:00 to 12:00 Thu 10th Apr, 10:00 to 12:00

**Tutor** Janet Corbett Marston

#### Fee range

Free to £50.40

#### How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment. Got it! In venue

### Venue

The Centre, Newlyn (Penzance) Chywoone Hill Newlyn Penzance TR18 5AR

Level of study

Beginners

### **Course overview**

The act of looking is so closely bound up with the act of writing. Novels depend upon those moments when an author presses the pause button and allows their characters to just stop and look at something. This course will explore how photos, especially, can be used as a vital stimulus for creative writing. Over two days, you will explore the work of some of the world's finest photographers, from Andre Kertesz to Garry Winogrand, all projected upon the screen. You will then be encouraged to look even closer and see where these images take your own writing. The course will also consider how established writers have engaged with the art of photography, from John Berger to Susan Sontag, Tony Harrison and Geoff Dyer. Most importantly, you will encourage you to find a way of using your own photos as a way of unlocking your own hidden powers of writing and observation. Come along and join our friendly lipreading group at The Centre in Newlyn. This class is suitable for all levels of lipreaders and is ideal for those recently experiencing hearing loss. Our experienced tutor will guide you through the basics of lipreading and show you how to practice your lipreading skills in everyday life. Research has shown that attending a lipreading class can give you greater: • Confidence to communicate with others • Control over your hearing loss, as you develop new communication skills • Independence, as you're less reliant on others to help you follow conversation (Source RNID.org.uk) You will learn in a supportive environment alongside other learners who will be able to share their experiences of hearing loss and learn how to overcome them together

# **Course description**

Lip reading is a vital communication skill for many people with hearing loss. It's the ability to recognise the lip shapes, gestures, and facial movements of a person when they are speaking, to gain a better understanding of what they are saying.

Your tutor will be able demonstrate shapes that sounds make on the lips and encourage you to use this learning and support you to interpret them.

You will also learn how to use other clues to understand what a speak is saying and techniques to fill in the gaps. You will learn other skills such as the best place to position yourself in a group so that you can lipread everyone and how to be more assertive, so you feel more confident asking people to repeat themselves.

On completion of this course, you will be more confident in social situations and better understand how we hear and the strategies to be aware of that help this process.

# What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

### What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

**Source URL:** *https://www.wea.org.uk/courses/skills-life/communication-skills/6-march-healthy-living-lipreading-and-managing-hearing*