

Course details

Course title

Healthy Living; Lipreading and managing hearing loss

Course code

Q00016909

Course date

Start: 16/01/25

End: 26/02/25

Number of classes

6 sessions

Timetable

Thu 16th Jan, 10:00 to 12:00

Thu 23rd Jan, 10:00 to 12:00

Thu 30th Jan, 10:00 to 12:00

Thu 6th Feb, 10:00 to 12:00

Thu 13th Feb, 10:00 to 12:00

Thu 27th Feb, 10:00 to 12:00

Tutor

Janet Corbett Marston

Fee range

Free to £50.40

How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

Venue

The Centre, Newlyn (Penzance)

Chywoone Hill

Newlyn

Penzance

TR18 5AR

Level of study

Beginners

Course overview

Come along and join our friendly lipreading group at The Centre in Newlyn. This class is suitable for all levels of lipreaders and is ideal for those recently experiencing hearing loss. Our experienced tutor will guide you through the basics of lipreading and show you how to practice your lipreading skills in everyday life. Research has shown that attending a lipreading class can give you greater:

- Confidence to communicate with others
- Control over your hearing loss, as you develop new communication skills
- Independence, as you're less reliant on others to help you follow conversation (Source RNID.org.uk)

You will learn in a supportive environment alongside other learners who will be able to share their experiences of hearing loss and learn how to overcome them together

Course description

Lip reading is a vital communication skill for many people with hearing loss. It's the ability to recognise the lip shapes, gestures, and facial movements of a person when they are speaking, to gain a better understanding of what they are saying.

Your tutor will be able demonstrate shapes that sounds make on the lips and encourage you to use this learning and support you to interpret them.

You will also learn how to use other clues to understand what a speak is saying and techniques to fill in the gaps. You will learn other skills such as the best place to position yourself in a group so that you can lipread everyone and how to be more assertive, so you feel more confident asking people to repeat themselves.

On completion of this course, you will be more confident in social situations and better understand how we hear and the strategies to be aware of that help this process.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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