

## Course details

**Course title**

Retirement Planning

**Course code**

Q00012168

**Course date**

Start: 29/01/25

End: 29/01/25

**Number of classes**

1 sessions

**Timetable**

Wed 29th Jan, 18:30 to 21:30

**Tutor**

Kate Antoniou

**Fee range**

Free to £11.10

**How you'll learn**

You'll join a small group of fellow learners for classes online in video meetings and materials will be provided in our virtual learning environment.

Got it!

Online

**Venue**

Online

## Course overview

Are you approaching retirement age? Navigating the lifestyle change that retirement brings can be tricky. This retirement planning course aims to prepare you and your family for the changes that retirement brings. Its objective is to help you through the transition with ease so that you can enjoy this new phase of life. This short course will also help you gain an understanding of retirement planning services that exist to help you. This retirement planning training course covers personal planning and financial planning. Understand the emotional and personal changes that retirement brings. Consider how to plan your time and manage your relationships to maintain your emotional well-being. Is retirement really what it's cracked up to be? Are you ready to retire? Research suggests that many people struggle to adjust to retirement although they may have been looking forward to it. How can we prepare ourselves effectively for this new phase of our lives? You may be someone who has always hankered to pursue a new career, volunteering or developing a new interest and would like the opportunity to fine tune and test out your ideas. We will be looking at your views about retirement, what some of the pitfalls might be, where you might start to look for financial planning advice, health, work and volunteering opportunities. Join us to explore this wonderful opportunity to have the time of your life!

## Course description

Whilst many people love their retirement years, a great many people realise they have given up more than their job when they retire.

This course will give you a chance to consider how you might start to prepare for this new stage in your life. We will be exploring how each individual feels about the changes ahead. What are the features of your current role that you are glad to be rid of and what are the elements you are going to miss? How will you involve partners and family members when you are thinking through your options?

Will you need to work after your 'retirement' in order to boost your income and if so what options do you have? What are the sources of information to help you start planning the financial aspects of your retirement? If you would like to take up a completely new career or be more closely involved with your community by volunteering.

Through careful consideration of you options and interactive participation in the course you will be able to start thinking about the sort of 'retirement' you want.

You will have the opportunity to start investigating and planning for this exciting new chapter of your life.

## What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

## What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

**Source URL:** <https://www.wea.org.uk/courses/skills-life/self-development/29-january-retirement-planning>