

Course details

Course title

Professional Development: Coaching and Professional Development

Course code

Q00012292

Course date

Start: 07/11/24

End: 19/12/24

Number of classes

7 sessions

Timetable

Thu 7th Nov, 18:30 to 20:30

Thu 14th Nov, 18:30 to 20:30

Thu 21st Nov, 18:30 to 20:30

Thu 28th Nov, 18:30 to 20:30

Thu 5th Dec, 18:30 to 20:30

Thu 12th Dec, 18:30 to 20:30

Thu 19th Dec, 18:30 to 20:30

Tutor

Rebecca Eliahoo Charles

Fee range

Free to £51.80

How you'll learn

You'll join a small group of fellow learners for classes online in video meetings and materials will be provided in our virtual learning environment.

Got it!

Online

Venue

Online

Level of study

Intermediate

Course overview

This practical course aims to help you to establish a coaching relationship, initiate productive coaching conversations and to challenge people to identify goals and grow professionally and personally. You would need to coach a colleague or someone else who wishes to be coached, as this is a practical course covering key skills including: questioning, goal-setting collaboratively and encouraging personal and professional growth.

Course description

If you would like to be able to support a colleague or others through coaching, this course is for you. You would need to coach a colleague or someone else who wishes to be coached, as this is a practical course covering key skills including: questioning, goal-setting collaboratively and encouraging personal and professional growth. This interactive course covers an introduction to coaching and how it differs from mentoring, counselling and training. It explores the role and responsibilities of coaches and how to prepare for coaching sessions. Participants explore how their values, beliefs and attitudes might affect their practice; how to give feedback and how to feed forward. We examine case studies and the use of questioning. We also explore coaching theories and models as well as ethical frameworks. Participants will discuss ways of managing a coaching relationship, how to reflect on our own practice and how to review and end a coaching relationship well.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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