

You will find that some courses are only available for WEA members at this time, as part of member's priority booking. Courses will become available for all at 11 am on Wednesday 3rd July. Alternatively, become a WEA member today to book right away. Click on the 'Become a member' link at the top of the page.

Early booking is a membership perk for WEA members, where courses are available exclusively before becoming available for everyone else.

Got it!

## **Course details**

### **Course title**

Understanding Neurodiversity

### **Course code**

Q00017115

### **Course date**

Start: 13/08/24

End: 13/08/24

### **Number of classes**

1 sessions

### **Timetable**

Tue 13th Aug, 11:00 to 16:15

### **Tutor**

Katie Dexter

## **Fee range**

Free to £21.00

## **How you'll learn**

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

## **Venue**

NST Hub (North Somerset Training Communi  
31 Alexandra Parade  
Weston-super-Mare  
BS23 1QZ

## **Level of study**

Beginners

## **Course overview**

This course is a primary guide to Dyslexia, ADHD, Autism and what it means to be Neurodivergent. It will help explain neurological difference and how variations on thinking and behaving might affect understanding, learning and communication. We will identify and examine the different traits and behaviours associated with Neurodiversity, to help answer some of the frequently asked questions surrounding neurological conditions. This course will consider how we can promote difference and help change the social systems and beliefs that are outdated and not helpful when supporting a Neurodivergent person to thrive and have better life chances, including employment.

## **Course description**

What is neurodiversity, and what is the difference between a neurological condition and a mental health condition? Every person has a brain that is unique to them, and no two brains are quite the same! Neurodiversity is the concept that brain differences are natural variations and that some people's brains simply work in a different way to others.

Recent studies have revealed that many adults, now living in their 30's and 40's, have started to realise they have a neurological condition, which was not identified through their early years or schooling. There are many subtle traits associated with autism, dyslexia, and ADHD (attention deficit disorder) and often these are wrongly diagnosed, by labelling an individual with a mental health condition, including stress, anxiety, and depression.

During this course we will consider the full spectrum of brain differences, including the strengths and weaknesses of neurodivergent people. We will look at neurodiversity in the workplace and identify which societal roles suit neurodivergent people. It is hoped that, by the end of this workshop, you will have an improved knowledge of the range of neurological conditions in existence, and the way these may affect you or others in your life.

## **What financial support is available?**

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

## **What other support is available?**

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all

we can to make sure you have optimal access.

**Source URL:** <https://www.wea.org.uk/courses/languages-culture/psychology/13-august-understanding-neurodiversity>