

Course details

Course title

Personal Development: Getting ready for employment - Future Goals

Course code

Q00015656

Course date

Start: 10/10/24

End: 14/11/24

Number of classes

5 sessions

Timetable

Thu 10th Oct, 13:00 to 15:00

Thu 17th Oct, 13:00 to 15:00

Thu 24th Oct, 13:00 to 15:00

Thu 7th Nov, 13:00 to 15:00

Thu 14th Nov, 13:00 to 15:00

Tutor

Jayne Evans

Fee range

Free to £42.00

How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

Venue

The Old School Building (Wolverhampton)
The Old School
73 Dudley Road
Wolverhampton
WV2 3BY

Level of study

Beginners

Course overview

Getting Ready for Employment: Future Goals is organised in partnership with Wolverhampton City Council and the Blakenhall Action Community Forum at the Old School, Dudley Road, Wolverhampton WV2 3BY. It is specifically created in partnership with care leavers and their care assistants, who are welcome to attend to support their client. This a short course which will help learners to acquire techniques to cope more effectively with anxiety and lack of self confidence and will help them to set future goals for further learning, volunteering or getting into employment. This course is funded by the West Midlands Combined Authority <https://www.wmca.org.uk/>

Course description

Getting Ready for Employment: Future Goals is organised in partnership with Wolverhampton City Council and the Blakenhall Action Community Forum at the Old School, Dudley Road, Wolverhampton WV2 3BY. It is specifically created in partnership with care leavers and their care assistants, who are welcome to attend to support their client.

This short course which will help learners to acquire techniques to cope more effectively with anxiety and lack of self confidence and will help them to set future goals for further learning, volunteering or getting into employment. During the five week course you will be encouraged and supported by our friendly tutor to think about and practice the following skills to deal with the pressures of anxiety, low self confidence and also what it takes to join the world of work:

Goal setting

Creative techniques

Confidence building

Time keeping

Employability skills

Team work

Aspirations and future goals

Speak to your personal adviser or care assistant for further details or call Karen on 07881 358 679

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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