

Course details

Course title

Introduction to Support Work

Course code

Q00017106

Course date

Start: 06/08/24

End: 06/08/24

Number of classes

1 sessions

Timetable

Tue 6th Aug, 11:00 to 16:00

Tutor

Katie Dexter

Fee range

Free to £21.00

How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

Venue

NST Hub (North Somerset Training Communi

31 Alexandra Parade
Weston-super-Mare
BS23 1QZ

Level of study

Beginners

Course overview

This short course will offer you an insight into how to help support someone with their daily life and wellbeing, including people living with physical disabilities and/or mental health issues. As a support worker, you may find yourself working in a variety of settings. The day-to-day job of a support worker will differ depending on the needs of the person, or people they are supporting. The main focus is to help people, whether that is at home, at school or work, enabling them to live more independently, by offering them both physical and emotional support.

Course description

Every individual has the right to live a fulfilled life. This course will offer you transferable skills when considering how to either work as a Support worker in a professional setting, or will support you to become more proficient at supporting someone you are close to. During this course you will gain insight into how to support someone with their daily life and wellbeing, including people living with physical disabilities and/or mental health issues. As a support worker, you may find yourself working in a variety of settings. The day-to-day job of a support worker will differ depending on the needs of the person, or people they are supporting. The main aim is to help people, whether that is at home, at school or work, enabling them to live more independently by offering them both physical and emotional support. During the course you will learn tactics to manage challenging and stressful situations. You will also learn how to adapt approaches to suit individual needs. Activities will include the use of case studies to support your learning and the design of an equality and diversity poster.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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