

## Course details

## Course title

Art Practical: Progression Arts and Crafts for Health and Wellbeing

### Course code

Q00016833

#### Course date

Start: 08/01/25 End: 02/04/25

## **Number of classes**

13 sessions

### **Timetable**

Wed 15th Jan, 10:00 to 14:30 Wed 22nd Jan, 10:00 to 14:30 Wed 29th Jan, 10:00 to 14:30 Wed 5th Feb, 10:00 to 14:30 Wed 12th Feb, 10:00 to 14:30 Wed 19th Feb, 10:00 to 14:30 Wed 5th Mar. 10:00 to 14:30 Wed 5th Mar. 10:00 to 14:30

Wed 8th Jan, 10:00 to 14:30

Wed 5th Mar, 10:00 to 14:30

Wed 12th Mar, 10:00 to 14:30

Wed 19th Mar, 10:00 to 14:30

Wed 26th Mar, 10:00 to 14:30

Wed 2nd Apr, 10:00 to 14:30

#### **Tutor**

Rebecca Williams

## Fee range

Free to £226.80

## How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

#### Venue

NST Hub (North Somerset Training Communi 31 Alexandra Parade Weston-super-Mare BS23 1QZ

## Level of study

**Beginners** 

## **Course overview**

This course is designed to build on the work developed during the course last term and aims to support those who have either attended the previous course, or have some experience of crafting, and wish to continue to learn more techniques and skills to move forward to develop arts and crafts skills. Where appropriate, you will look at the history behind the development of the different art and craft skills and techniques, together with their popularity and trends. During this friendly course, you will learn how to use a variety of different resources and medias such as card, canvas, wool, fabric, glass and wood.

## **Course description**

This course is designed to allow you to experiment further using a variety of different skills and techniques. You will be encouraged to work with a variety of materials and resources, including recycled products to produce art or craft work that you enjoy making and that makes you feel proud. You will continue to research and learn about the history behind the skills and the techniques that have been developed over the years, within your chosen art and craft. You will build up your individual knowledge of the best resources and tools to use, together with acknowledging the benefits of the use of recycled materials and resources. You will need to be able to state and justify why you have used certain materials, skills, and techniques to make your pieces. You will explore what you enjoy making and how you can continue to develop your individual techniques and skills. You will have the opportunity to suggest what you want to cover during the course and bring ideas to the class. You will be expected to finish at least one piece of your work and state how you made it.

# What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

# What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

**Source URL:** https://www.wea.org.uk/courses/arts-crafts/arts/8-january-art-practical-progression-arts-and-crafts-health-and-wellbeing