



Course details

Course title

Art Practical: Arts and Crafts for Health and Wellbeing

Course code

Q00016832

Course date

Start: 24/04/25

End: 24/07/25

Number of classes

14 sessions

Timetable

Thu 24th Apr, 10:00 to 14:30

Thu 1st May, 10:00 to 14:30

Thu 8th May, 10:00 to 14:30

Thu 15th May, 10:00 to 14:30

Thu 22nd May, 10:00 to 14:30

Thu 29th May, 10:00 to 14:30

Thu 5th Jun, 10:00 to 14:30

Thu 12th Jun, 10:00 to 14:30

Thu 19th Jun, 10:00 to 14:30

Thu 26th Jun, 10:00 to 14:30

Thu 3rd Jul, 10:00 to 14:30

Thu 10th Jul, 10:00 to 14:30

Thu 17th Jul, 10:00 to 14:30

Thu 24th Jul, 10:00 to 14:30

Tutor

Rebecca Williams

Fee range

Free to £245.70

How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

Venue

NST Hub (North Somerset Training Communi

31 Alexandra Parade

Weston-super-Mare

BS23 1QZ

Level of study

Beginners

Course overview

The purpose of this course is to support your individual health and wellbeing and for you to gain confidence. The course is designed to build on individual skills and knowledge of arts and craft. You will be given the opportunity to experiment and create pieces of art and or crafts using a variety of materials. The course is about planning for a major piece of work that will showcase your individual skills and acknowledge the skills and techniques you have learnt. You will be able to take your time to produce a major piece or pieces of work.

Course description

This friendly course is designed for individuals to use and develop knowledge to develop and progress art and craft work. There will be the opportunity to use a variety of materials and resources during the course, including recycled products for your art and craft makes. You will be encouraged to experiment with the different skills and techniques you have learnt, to produce work that you enjoy and like making. There will be a chance for you to spend time on a major piece of work, or pieces of work. You will be encouraged to thoroughly plan out your work to produce a piece of art or craft that is of high quality that you can feel proud of. This will enable you to highlight the skills and techniques you have learnt in your art or craft display. You will be expected to be able to plan for your individual piece or pieces of work. You will need to be able to explain your choices of materials and resources, together with an explanation of the thought behind your designs. You will also need to state what you enjoy about your work and what you would like to be able to make next.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need

alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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