

## Course details

### Course title

Textiles and Fashion: Frugal Fashion

### Course code

Q00016047

### Course date

Start: 25/06/24

End: 23/07/24

### Number of classes

5 sessions

### Timetable

Tue 25th Jun, 9:30 to 12:00

Tue 2nd Jul, 9:30 to 12:00

Tue 9th Jul, 9:30 to 12:00

Tue 16th Jul, 9:30 to 12:00

Tue 23rd Jul, 9:30 to 12:00

### Tutor

Safina Khan

### Fee range

Free to £52.50

## **How you'll learn**

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

## **Venue**

Brackenhill Primary School (BRADFORD)

Dracup Road

BRADFORD

BD7 4HA

## **Level of study**

Beginners

## **Course overview**

Continue your journey into the world of sustainable sewing with our budget-friendly upcycling course! Discover the art of upcycling and reusing materials as you unleash your creativity and master essential sewing techniques. This course not only saves you money but also champions a sustainable lifestyle by breathing new life into old garments and upcycling fabric in creative ways. You'll be empowered to create stylish, eco-friendly fashion while respecting Asian-inspired costume and trends. Join us at our Women's only Centre in Bradford, where we'll stitch together a greener, more fashionable and frugal future.

## **Course description**

Continue on your transformative journey into the world of sustainable sewing with our budget-friendly upcycling course. Designed for both beginners and intermediate sewers, this comprehensive program prioritizes skill refinement while instilling principles of financial responsibility and eco-consciousness. With a special emphasis

on Asian costume, our Women's only Centre in Bradford provides a nurturing environment for your sewing endeavours.

Throughout the course, participants will delve into fundamental sewing techniques, establishing a robust foundation for those new to the craft. As you progress, you'll explore advanced skills such as alterations, and fabric selection, always with an eye on budget-friendly and sustainable choices. We'll also touch on mending and repairing garments if time allows.

,A standout feature of the course is the exploration of recycling and upcycling existing garments. Learn to breathe new life into old clothes, transforming them into one-of-a-kind pieces that reflect your unique style. By mastering these techniques, you'll not only reduce textile waste but also curate a wardrobe that's both environmentally conscious and economically savvy.

Join a community of like-minded individuals, collaborate on projects, share insights, and celebrate achievements in a supportive environment. Transform your passion for sewing into a catalyst for positive change as you embrace a more sustainable, cost-effective approach to fashion.

## **What financial support is available?**

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

## **What other support is available?**

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

**Source URL:** <https://www.wea.org.uk/courses/arts-crafts/textiles-sewing/25-june-textiles-and-fashion-frugal-fashion>