

Course details

Course title

Cookery - Air Frying

Course code

P00000044

Course date

Start: 21/06/24

End: 05/07/24

How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

Venue

Concord Independent Living Hub

Concord

Nailsworth

Stroud

GL6 0DQ

Level of study

Beginners

Course overview

An air fryer is a countertop convection oven that, unlike traditional deep fryers, does not submerge the food in oil while simulating the frying process. Browning processes, such as the Maillard reaction, are triggered when hot air is blown around at a high rate of speed by a fan. This results in the formation of a crisp layer. Many fantastic, healthy meals can be made with an air fryer, so join our face to face course in Gloucester to find new recipes whilst cooking with a group

of other foodies and being guided by one of our enthusiastic tutors!

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