

## Course details

### Course title

Personal Development: Skills for International Travelling

### Course code

Q00014673

### Course date

Start: 24/06/24

End: 29/07/24

### Number of classes

5 sessions

### Timetable

Mon 24th Jun, 19:00 to 20:30

Mon 1st Jul, 19:00 to 20:30

Mon 8th Jul, 19:00 to 20:30

Mon 15th Jul, 19:00 to 20:30

Mon 22nd Jul, 19:00 to 20:30

### Tutor

Tiffany Coates

### Fee range

Free to £33.30

### How you'll learn

You'll join a small group of fellow learners for classes online in video meetings and materials will be provided in our virtual learning environment.

Got it!

Online

## **Venue**

Online

## **Level of study**

Beginners

## **Course overview**

Curious about the world around us and already following inspirational travellers on social media. How about you create your own race across the world? Together we'll look at how travel can be exciting and yet accessible. Develop your own travel plan and discuss with others your adventure ideas. Looking at the pros and cons of travelling in wet seasons or in winter. Sometimes you want to spot those elusive icebergs, though maybe not when a polar bear is in pursuit of you! Dealing with unexpected wildlife encounters is an eye-opening session on this course.

## **Course description**

Adventures can start in lots of ways, and many people don't even leave the starting block or get on that first ferry or flight, no matter how strong the desire to travel is.

In this course, we will explore how to go about travel from the starting point of sticking a pin in a globe as you decide where to go, tracking down sources of information about obscure destinations right through to returning with great memories, amazing photos and new friendships forged. We will cover all the elements;

- Searching out ad hoc accommodation,
- Getting vaccinations and visas
- Looking at weird and wonderful food choices
- What to wear whether you're trekking through jungles, journeying across Arctic tundra or traversing deserts.

Pre-departure planning, how to get there, accommodation, health, communication, social media, group vs solo travel, safety and how to get the most out of your independent travel are just some of the topics we cover.

What's Needed:

Pen and paper is always useful.

Maps, books or other sources of inspiration including online ones are welcome.

## **What financial support is available?**

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

## **What other support is available?**

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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