

Course details

Course title

Confidence Building for Creatives

Course code

Q00014073

Course date

Start: 15/05/24

End: 10/07/24

Number of classes

18 sessions

Timetable

Wed 15th May, 10:00 to 15:00
Wed 15th May, 10:00 to 15:00
Wed 22nd May, 10:00 to 15:00
Wed 22nd May, 10:00 to 15:00
Wed 29th May, 10:00 to 15:00
Wed 29th May, 10:00 to 15:00
Wed 5th Jun, 10:00 to 15:00
Wed 5th Jun, 10:00 to 15:00
Wed 12th Jun, 10:00 to 15:00
Wed 12th Jun, 10:00 to 15:00
Wed 19th Jun, 10:00 to 15:00
Wed 19th Jun, 10:00 to 15:00
Wed 26th Jun, 10:00 to 15:00
Wed 26th Jun, 10:00 to 15:00
Wed 3rd Jul, 10:00 to 15:00
Wed 3rd Jul, 10:00 to 15:00
Wed 10th Jul, 10:00 to 15:00
Wed 10th Jul, 10:00 to 15:00

Tutor

Amanda Meaghan

Fee range

Free to £150.00

How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

Venue

Abakhan (Liverpool)
44 Stafford Street
Liverpool
L3 8LX

Level of study

E

Course overview

Unleash your potential with our Entry-Level Confidence Building Course for Creatives. Designed bespoke for learners in our Sewing for Business program, this curriculum empowers you to embrace your unique voice. Through a blend of interactive workshops, guided exercises, and supportive discussions, discover practical strategies to boost self-esteem and foster a positive mindset. Cultivate the confidence to share your creations with the world and navigate creative challenges with resilience. Join our vibrant community of like-minded individuals, and embark on a journey of self-discovery that will elevate your creative spirit and unlock the untapped possibilities within.

Course description

Our Entry-Level Confidence Building for Creatives course is specifically crafted for learners on our Sewing for Business course and innovators eager to break free from self-doubt. In this enriching program, participants embark on a journey of self-discovery and creative empowerment. Through a dynamic curriculum that blends interactive workshops, guided exercises, and collaborative discussions, individuals gain the tools to unlock their unique potential and confidently share their creative expressions with the world.

Our course focuses on practical strategies to boost self-esteem, foster resilience, and navigate the challenges and negativity we are faced with.

Join a vibrant community of like-minded individuals, creating an atmosphere of mutual support and inspiration. As you progress through the program, you'll not only enhance your problem-solving skills but also develop a mindset that empowers you to take on new challenges with confidence.

Immerse yourself in a nurturing environment that celebrates your creativity, and emerge from this course with newfound confidence, a strengthened sense of self, and the ability to showcase your unique creations to the world. Your journey to a more confident future starts here!

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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